

COVID-19 Safety Guidelines

TOTAL BODY FITNESS & AGILITY CAMP

1. Temperature checks and survey questions for each child and staff member will be taken upon arrival to the site prior to each class session. Individuals with a temperature of 100.4 or higher will not be allowed to participate that day.
2. Class instructor will check- in each paid participant. Class instructor will wear a mask at check-in.
3. Participants and parents are to wear a mask at check-in, but not during the program.
4. Each group will be limited to a maximum of twelve (12) participants. Participants will be rotating into centers, so groups will be further reduced.
5. Participants are to maintain a minimum of 6 feet apart to ensure social distancing.
6. Equipment sharing will be minimized. Any equipment that could be shared, will be cleaned and disinfected by staff to reduce the risk of COVID-19 spread.
7. Parents must remain in a designated area throughout the duration of the class.
8. Participants and staff will be encouraged to use hand sanitizer provided by NOR.
9. Participants and staff will be encouraged to wash their hands after each practice session.
10. Participants will need to bring their own towel.
11. Water fountains will not be available. Each participant must bring their own water.