

## **COVID-19 Safety Guidelines**

### **TENNIS**

1. Temperature checks and survey questions for each child and staff member will be taken upon arrival to the court prior to each class session. Individuals with a temperature of 100.4 or higher will not be allowed to participate that day.
2. Class instructor will check- in each paid participant. Class instructor will wear a mask at check-in.
3. Participants and parents are to wear a mask at check-in, but not during the program.
4. Each group will be limited to a maximum of six (6) participants.
5. Participants are to maintain a minimum of 6 feet apart to ensure social distancing.
6. There will be no sharing of equipment allowed.
7. Participants must bring their own tennis racquet.
8. During serving drills, participants must wear a latex glove provided by NOR to ensure they don't contact the surface of the ball.
9. Only the class instructor will touch the tennis balls. Participants can use their racquet/foot to advance tennis balls to the net during ball pickup.
10. Parents must remain in a designated area throughout the duration of the class.
11. Participants and staff will be encouraged to use hand sanitizer provided by NOR.
12. Participants and staff will be encouraged to wash their hands after each practice session.
13. Water fountains will not be available. Each participant must bring their own water.
14. **Due to CDPH guidelines, no competition is not permitted at this time. This program will consist of drills only.**