

FREQUENTLY ASKED QUESTIONS

WHAT EVENT(S) WILL THEY BE PRACTICING?

Track events are activities your child will compete in. Events vary from sprinting, long distance running, jumping, etc. Your child's coach will help determine what events your athlete will train and compete in.

IN WHICH AGE GROUP WILL MY CHILD COMPETE IN?

Competitions use 2-year age groups. Age groups are as follows:

Bantam: Born 2016- 2017, Midget: Born 2014- 2015, Youth: Born 2012- 2013, Intermediate: Born 2010- 2011

WHAT ARE TRACK MEETS?

This is where your athlete will compete in their planned track event(s). Events are scheduled by time, event, and age group and will be provided by your coach. Qualifying track meets require attendance and certain performance criteria to advance to future meets.

ABOUT NOR TRACK MEETS

The two (2) initial track meets on March 21 and April 11 at Liberty High School and the Kern County Meet on April 25 are NOR track meets. Please note that every track meet is organized differently and is recommended to direct questions to your coach.

WHERE SHOULD I GO FIRST?

At NOR meets, all athletes must visit the welcome table to pick up their required participation wristband.

WHERE DO I CHECK IN FOR EVENTS?

"Running Events" check in at the check-in table located in the northwest area of the track.

"Field Events" check in at the field event location (high jump, long jump, discuss, shot put, etc.).

WHEN DO I CHECK IN FOR EVENTS?

Please refer to the detailed track meet schedule for the estimated time of your event. Listen to the announcer for updates to the schedule as events can begin up to 30 minutes before the estimated scheduled time.

WHAT IF I HAVE 2 EVENTS TAKING PLACE AT THE SAME TIME?

If possible, let your coach know right away. The recommended process is:

1. Check in with the "Field Event" first so staff are aware that you will return after your "Running Event."
2. Check in and participate in your "Running Event."
3. Return to the "Field Event" to check in again. Participate in your "Field Event."

There is no guarantee that athletes will always be able to participate in two event that take place at the same time.

WHAT IF I WANT TO CHANGE MY EVENT?

Once entries have been submitted you will no longer be able to change events.

HOW DO I KNOW IF MY ATHLETE QUALIFIED FOR THE NEXT TRACK MEET?

Results will be posted on the fence at the southwest area of the track west of the finish line. Coaches can also update parents on qualification updates. Please see the track meet flyer for additional qualification details.