

# ROSTER, AGREEMENT, WAIVER AND RELEASE

**Team Name:** \_\_\_\_\_, **2009**

I understand the risks involved in participation in the above activity(ies) for which I/we are registering and in consideration for being permitted by NORTH OF THE RIVER RECREATION AND PARK DISTRICT to participate in the above named activity(ies), I hereby waive, release, and discharge any and all claims for damage for personal injury, death or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance NORTH OF THE RIVER RECREATION AND PARK DISTRICT (its officers and/or officials, employees, agents and volunteers) from any and all liability arising out of or connected in any way with my participation in said activity(ies) even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is understood that this activity(ies) involves an element of risk and danger of accidents, and knowing those risks I hereby assume those risks. It is further agreed that this waiver, release and assumption of risks is to be binding on my heirs and assigns. I agree to indemnify and to hold the above persons and entities free and harmless from any loss, liability, damage, cost or expense which they may incur as the result of my death or injury or property damage that I may sustain while participating in said activity(ies).

**I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND CONTRACT BETWEEN MYSELF AND NORTH OF THE RIVER RECREATION AND PARK DISTRICT, I SIGN IT OF MY FREE WILL.**

**Note: North of the River Recreation & Park District does not provide medical-accident insurance for participants.**

Print Name	Signature	Address	Phone	Date
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